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Lisa Cockrel, Associate Editor  
*Today's Christian Woman*  
465 Gundersen Dr.  
Carol Stream, IL 60188

Dear Ms. Lisa Cockrel,

**Do you find peace in the sanctuary of the bathroom?  
Is your therapist's name Dr. Häagen Dazs?  
If so, you could be crazy... like a mom!**

All moms feel crazy sometimes. If the craziness goes on too long, we can become overwhelmed and depressed. My article will poke fun at all of the craziness we endure as moms and reveal the real reason we put ourselves through it all; as an investment in the future.

I will reveal that crazy moms are not alone; there are more of us out there. In fact, we are all crazy! We just may not want to admit it. Understanding that crazy is normal will help your readers find the blessing in chaos.

My article fits your need for parenting topics. I could deliver this article within three weeks of assignment. Many moms are tired and out of ideas. I will include a sidebar listing 5 sanity breaks to keep our craziness in check.

1. Schedules and routines
2. Quiet time/prayer time
3. Girls day/night out
4. Join a cooking co-op, try Dream Dinners or make a rotating menu calendar
5. Mom's choice- scrapbooking, reading, exercise

As a pastor's wife and crazy mom with two preschoolers of my own, I speak on this topic to other crazy women. Often, we laugh so hard we cry. Thankfully, laughter is the best medicine for craziness, with a little Häagen Dazs of course.

I look forward to your response.

Sincerely,

Jill Williamson